

Older Preschool Room Sample Daily Schedule

7:15 – 8:30	Arrival, Children's Choice
8:30 – 9:00	Breakfast
9:00 – 9:15	Quiet Reading
9:15 – 10:00	Outside Play, Exercise
10:00 – 10:30	Morning Circle
10:30 – 11:30	Discovery Areas
11:30 – 12:15	Lunch, Clean-up
12:15 – 12:45	Toothbrushing, Restroom, Quiet Reading
12:45 – 2:30	Rest Time, Quiet Activities
2:30 – 2:45	Transition to Outside
2:45 – 3:30	Outside Play, Exercise
3:30 – 4:00	Snack
4:00 – 4:30	Afternoon Circle
4:30 – 5:30	Discovery Areas, Children's Choice